



IFBB PRO LEAGUE /NPC TRIPLE O DYNASTY

SCHEDULE OF EVENTS

Friday, April 3, 2026

Mandatory Check-ins - Inside Auditorium

5:00pm- 6:00pm **IFBB Pros**

6:00pm- 8:00pm **NPC Athletes**

Arrive on time. Check-in is not rolling.

Saturday, April 4, 2026

IFBB PRO LEAGUE /NPC Bodybuilding Show

See Order Events below

ORDER OF EVENTS

Final schedule will be posted.

IFBB PRO SHOW

9:00am

**Women's Bodybuilding
Figure**

NPC SHOW

12:00pm

MEN DIVISIONS:

Men's Bodybuilding

Collegiate

True Novice

Novice

Masters 35+, 40+, 50+

Open: Bantamweight, Lightweight, Middleweight, Light Heavy, Heavy, and Super Heavy

Classic Physique

Collegiate

True Novice

Novice

Masters 35+ and 40+

Open: A, B, C, and D

Men's Physique

Collegiate

True Novice

Novice

Masters 35+, 40+ and 50+

Open: A, B, C, D, E, F, G and H

WOMEN DIVISIONS:

Fit Model

True Novice

Novice

Teen

Masters 40+

Open

Fitness

Open

Women's Bodybuilding

Masters 40 +

Open

Women's Physique

Collegiate

True Novice

Novice

Masters 40+

Open

Figure

Collegiate

True Novice

Novice

Masters: 35+, 40+ and 50+

Open: A, B, and C

Wellness

Collegiate

True Novice

Novice

Masters 35+ and 40+

Open: A, B, and C

Bikini

Collegiate

True Novice

Novice

Masters 35+, 40+ and 50+

Open: A, B, C, D, E, F, G and H