



IFBB PRO LEAGUE NPC TRIPLE O DYNASTY

SCHEDULE OF EVENTS

Friday, April 5, 2024

Check-ins- (Lobby of Venue)

4:00pm- 5:00pm IFBB Athlete Meeting and Check-Ins

5:00pm- 7:00pm NPC Athlete Meeting and Check-Ins to Follow

Saturday, April 6, 2024

IFBB PRO LEAGUE /NPC Bodybuilding Show

See Order Events below

ORDER OF EVENTS

Final schedule will be posted at check-ins

IFBB PROS

11:00am

Women's Bodybuilding

Figure

Women's Physique

(INTERMISSION)

30 mins+/-

NPC Show

3:00pm

Fitness

Open

Women's Bodybuilding

Masters 40 +

Open

Women's Physique

Collegiate

True Novice

Novice

Masters 40+

Open

Figure

Collegiate

True Novice

Novice

Masters: 35+, 40+ and 50+

Open: A, B, and C

Men's Classic Physique

Collegiate

True Novice

Novice

Masters 35+ and 40+

Open: A, B, C, and D

Wellness

Collegiate

True Novice

Novice

Masters 35+ and 40+

Open: A, B, and C

Men's Physique

Collegiate

True Novice

Novice

Masters 35+, 40+ and 50+

Open: A, B, C, D, E, F, G and H

Bikini

Collegiate

True Novice

Novice

Masters 35+, 40+ and 50+

Open: A, B, C, D, E, F, G and H